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# TRUE SPIRITUALITY



On a scale of 1-10 ...how rate?

**1**

**3**

**5**

**7**

**10**

Very low

Moderate

Good

Very Good

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# TRUE SPIRITUALITY

*Gal 5:22-23* “The fruit of the Spirit is **love**, joy, peace, patience, kindness, goodness, faithfulness, gentleness, **self-control**; against such things there is no law.”



# The Spirit's Expression of love

- JOY – love's *strength*
- PEACE – love's *security*
- LONGSUFFERING – love's *patience*
- GENTLENESS – love's *contact*
- GOODNESS – love's *character*
- FAITH – love's *confidence*

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# The Spirit's Expression of love

- MEEKNESS – love's *humility*
- SELF-CONTROL – love's *victory!*



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# The Spirit's Expression of love

2 Timothy

1 : 6 & 7

"...fan into flames the gift of God...For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."

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## Part Two

# THE LORD'S PRAYER

August 11, 2018  
5:00 p.m.

# **LOVE MATTERS MOST!**

## **(PART 1)**

*We were made for relationships*

*1 Corinthians 13*

**Sunday 10:30 a.m.**  
**August 19th**



# ***Encountering HEAVEN***



**Oh, for a Home  
with God!**

**Wednesday Night Study  
7:00 p.m.**

# ***The Book of I Timothy***



**Wednesday Night Study**  
**7:00 p.m.**

# Thesis:

- *Our **undisciplined** culture.*
- *God calls us to **discipline**.*
- ***Practical Solutions.***

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# Our Culture lacks Self-discipline

- “Just charge it!”



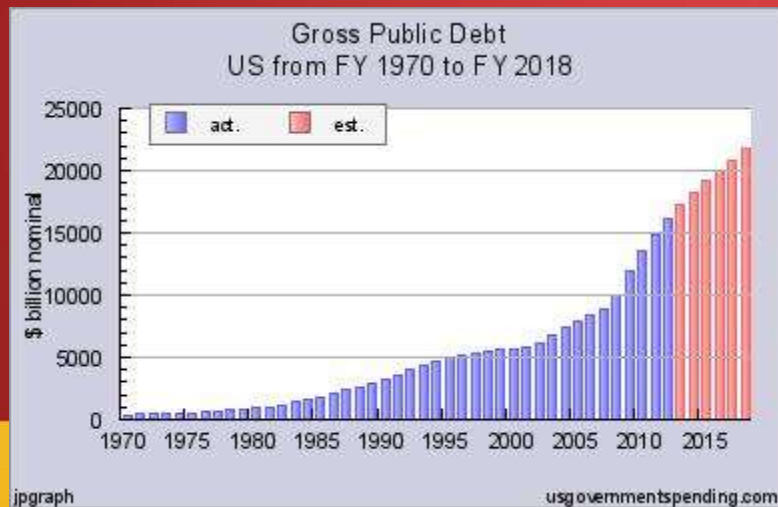
On average people spend 12% to 18% more when using credit versus paying with cash.

According to a Dun and Bradstreet study

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# Our Culture lacks Self-discipline

- 21.2 Trillion National debt is staggering.
  - Deut 15:16 “You will **not borrow.**”
  - Prov 22:7 “Borrower is the **servant..lender.**”



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# Our Culture lacks Self-discipline

“The things that will destroy America are prosperity at any price, peace at any price, safety first instead of duty first, the love of soft living, and the get-rich theory of life.”



Theodore Roosevelt

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# The Fruit of the Sexual Revolution

- *Sexual immorality* violates Heb 13:4-5.
  - Cohabitation increased 75% over the last 10 yrs.
  - 40% plus of 2017 births were out of wedlock!



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# Hebrews 12:4-11

## *God's discipline*

**Discipline** includes “to instruct, to train, chasten, educate, teach, and punish”

**Discipline is needed to...**

- **endure and not grow weary** (vs 3)
- **avoid sin** (vs 4)
- **receive God's love** (vs 5)

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# Hebrews 12:3-11

## *God's discipline*

**Discipline is needed to...**

- **receive family blessings** (vs 7-8)
- **find what is good** (vs 10)
- **share in His holiness** (vs 10)
- **become fruitful** (vs 11)

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# Hebrews 12:4-11

## *God's discipline*

Self-discipline is not denying our drives and desires completely, but instead it is submitting them to the control and timing of God!



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# Hebrews 12:4-11

## *God's discipline*

“A man dies for a lack of discipline. Because of great folly he will be led astray” (Prov 5:23).



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# Tips on How to lead a disciplined life

*"For the commandment is a lamp and teaching is a light and the reproofs of discipline are the way to life" (Prov 6:23).*

A disciple = “a disciplined learner; follower.”

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# Tips on **How to Lead a Disciplined life**

## **1) Seek constant discipline**

- Be determined to follow Jesus & the Word.
- Acts 17:11; 2:42; 2 Tim 2:22.
- Seek advice from older Christians
- Titus 2:1-6; Pro 12:1



# Tips on How to lead a disciplined life

## 2) Secure your own needs first

- Daniel's disciplined life  
Dan 1:8-12; 6:10
- Pro 19:21 “The counsel of Jehovah.”
- Matt 6:33 “Seek ye first....”





# Tips on How to lead a disciplined life

"Apart from God every activity is merely a passing whiff of insignificance"

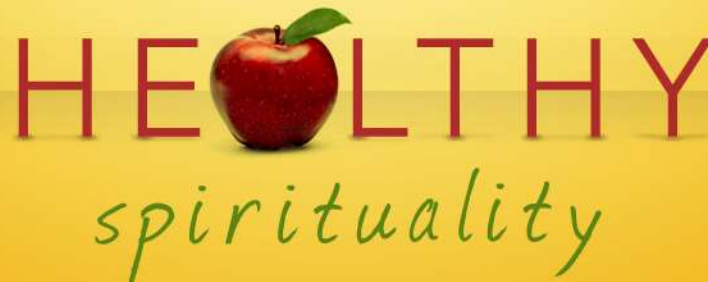
*(Alfred North Whitehead)*

– Pro 10:17 “He who **heeds discipline** is in the way of life.”



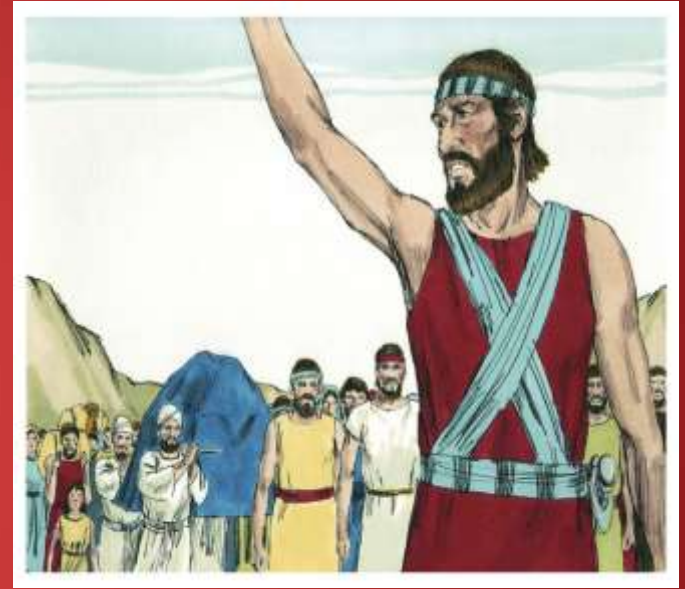
### 3) Start with *Simple Things*

- **Punctuality!** Be on time!
- **Pick up** after yourself.
- **Plan your day!**
  - Eph 5:16; Eccl 3:1ff.
- **Finish what you start!**



*Finish what you start!*

“He left **nothing  
undone** of all that  
the **Lord**  
**commanded**”  
(Joshua 11:15).



Joshua

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# Tips on How to lead a disciplined life

## 4). Show some restraint!

- 66% of purchases are impulse buys.
- *Impulse words hurt* (James 3:8).
- 1 Cor 9:24-27 “Buffet his body daily.”
- Matt 5:30 “If your right arm . . .”

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