



“TRUE HEALTHY SPIRITUALITY”

Avoiding Counterfeits

INTERACTIVE OUTLINE

Sunday Morning: 10:30 am
Scripture Reading: Romans 8:6

July 1, 2018
Speaker: Brent Hunter

Introduction:

- A. What is true *spirituality*?
- B. “The mind set on the **S**_____, is life and peace.”
- C. First, it is helpful to discern **what it is not**.

I. IT IS NOT ASCETICISM.

- A. Def: “Practicing strict self-denial and pain in order to triumph over the **f**_____.”
- B. “Self-abasement and severe treatment of the **b**____, but are of no value against fleshly indulgence” (Col 2:23).

II. IT IS NOT SPIRITISM OR SPIRITUALISM.

- A. Spiritism has to do with **m**_____ and the occult.
- B. Spiritualism is the same as spiritism with a Christian label.
- C. Both of these are works of the flesh (Gal 5:20).

III. IT IS NOT SELF-RIGHTEOUS WITHDRAWAL.

- A. May be done *literally* as in a physically monastery.
- B. May be done *practically* in the way we choose to interact.
- C. Jesus interacted with sinners and allowed a woman to wash his feet with her hair (Luke 7).
- D. Jesus prayed: “Father, keep them not from the world, but from the **e**_____ one” (John 17:15-17).

IV. IT IS NOT KNOWLEDGE. I Cor 13:1

V. IT IS NOT “KEEPING THE COMMANDMENTS.”

- A. We must worship in “spirit and in truth” (Jn 4:24).
- B. We must not lose our “first l_____” (Rev 2:4).

Conclusion: What is the *essense* of true spirituality?

MY NOTES

Scrambled Answers:

<i>Spirit</i>	<i>evil</i>
<i>love</i>	<i>mystical</i>
<i>body</i>	<i>flesh</i>