# Modest Apparel



1 Tim 2:9-10 "Let the women adorn themselves in modest apparel, with shamefacedness and sobriety, not with braided hair or gold or pearls or costly clothing, but, instead with that which is proper for women professing godliness, with good works." NKJV

## Thesis:



- Definition of Terms
- Guidelines for Modesty
- Proper Attitudes

## Definition of Terms



- Modest: "Well-arranged; orderly, decent" opposite = lewd.
- Shamefacedness: "A sense of shame, a reverence that restrains one from an unworthy act." Thayer

## Definitions of Terms

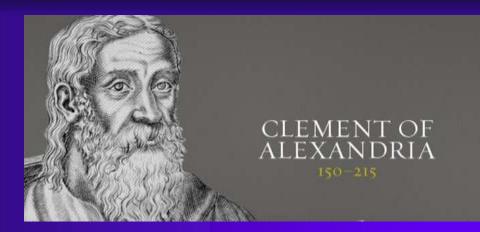


- Sobriety = "Soundness of mind, self-control, good judgment, moderation, especially as a feminine virtue, decency." Arndt and Grinrich
- Summary: A Christian should not wear clothes which would arouse erotic impulses in the opposite sex.

# Why?



Matt 5:28 "Whosoever looketh upon a woman to lust after her hath committed adultery with her already in his heart."



"Luxurious clothing that *cannot conceal the shape of the body* is no covering at all. Such clothing, clinging close to the body, *takes the body's shape* and adheres to the flesh.

It *outlines the woman's figure*, so that the whole shape of her body is visible to spectators, even though they cannot actually see the body itself.

Such clothing is meant for <u>looking</u>, not for covering!"

# Questions to Ask Yourself

- What would a member of the opposite sex think? Is this garment(s) covering or displaying?
- Will this create respect or raise eyebrows?
- Will I be modest at all times, even when reaching, stooping and sitting?
- Is this form fitting and tight? Is it transparent?

## Definition of Terms:

A work of the flesh

- Gal 5: 19-21 = "Lasciviousness"
- "Wanton, lewd, lustful, tending to entice lewd or wanton thoughts through objects or pictures, indecent bodily movements, unchaste handling of males and females."

  Thayer

## Definition of Terms:



Jesus warned: "Be careful not to offend one of these little ones..." (Mt 18:6, Rm 14:13).

# Open letter to Christian Sisters

• A guys point of view...



# What is Immodest Apparel?



- Disregard for decency
- "Any clothing that unduly reveals the figure of the wearer."
- "Unduly..." Entice one to lust...

Modest Apparel

**Modest dress** 

# A Christian Lady

- A woman = Biological FACT
- A lady = An Attitude
- "I want to look pretty on my wedding day, not sexy."
  Allison



# Good Advice



"Dress so that you will not tempt a good man and will deter the evil thoughts of an evil man."

# Good Advice: Avoid! Proverbs 7



"A woman comes ...dressed in the attire of a harlot, cunning of heart" (Prov 7:10).

## Good Guideline!



"Don't Let Someone see what you would not want someone to touch."

## The World knows...

- Reporters asked a preacher's daughter:
- How could you pose publicly in a bikini and claim to be a Christian?

# Definition of Apparel



- KJ = 6 times. 4 Diff words
- I Tim 2:9 *Unique*.
- *Karestalay* "A garment worn in Biblical times which draped from the shoulders and dropped down for a covering, gathered in the middle with a sash."

## Ladies have a choice!

- Titus 2:3-5 "Older women teach younger women to be sober, discreet, *chaste* (modest)...."
- Some dress = CHASED = Prov 7: 10
- Some dress = CHASTE = I Tim 2: 9



- There was a time in history, not all that long ago, in which ladies adorned themselves in apparel which was *feminine*, *graceful and simply modest*. However, as the years have passed, the fashion industry has been greatly influenced by the decline of our society, making it hard for families to find wholesome clothing.
- Those who cherish the old paths and desire to honor the Biblical virtue of modest dressing are left with few options that can be both time consuming and hard on the family budget.

#### modestclothes.com





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#### **Modest Clothing Directory**

All the stores in one place! An exceptionally unique directory of online modest clothing stores for modesty-conscious individuals

#### modestclothes.com

#### **Modest swimwear**

all the modest swimwear stores in one place, "kind of" modest to super modest

#### **Modest formal dresses**

wedding, bridesmaid, prom, mother-of-the-bride, and flower girl dresses

#### **Trendy modest clothing**

trendy styles—layering tees, shirts, long skirts, dresses...mainly marketed to youth

#### Modern modest clothing

misses, plus, tall, petite stylish long skirts, long jackets, tunics, dusters...

#### Classic modest clothing

simple, feminine dresses, jumpers, petticoats, long skirts...

# Modest nursing/breastfeeding shirts/tops

#### Modest maternity clothing

#### Girls' modest clothing

many genres of girls' modest clothing and swimwear

#### Old-fashioned clothing

old-fashioned styles – dickeys, muumuus, culottes, housecoats, night caps...

#### Unique modest clothing at boutiques

clothing styles you won't find just anywhere