



Praying  
Through  
the Psalms  
Part Two

**effective**  
**PRAYER**

# effective PRAYER

Part one:

1. Personal Examples -  
Ps 91
2. Why the Psalms?
3. 4 Categories



***EIGHT CATEGORIES FOR THE  
PSALMS:***

***#1: A SOUL CRIES OUT FOR  
GOD - Ps 42:1-5***

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*JAMES 5:13-20*



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## #2. THE PROBLEM OF SIN

- *7 Penitential Psalms* -  
6, 32, 38, 51, 102,  
130, 143.



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**#3. WRESTLING WITH DOUBT.**



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**#4. OUT OF THE DEPTHS.**



## #5. REACHING UP TOWARD SPIRITUAL IDEALS:

### Citizen of Zion

*Ps 15 & 24:3-5, 7.*

- *Speech - Ps 12, 52, 120*  
*Ps 19:14 “Let the words of my mouth and the meditation of my heart be acceptable in their sight.”*
- *Humility - Ps 131 -- Child like trust!*
- *Brotherly love & Unity - 133:1 “Behold how pleasant it is for brethren to  dwell together in unity.”*
- *Helping the Needy - Ps 41, 82, 72:2,12-14.*

## #6. IMPRECATORY PRAYERS - Ps 55, 58, 59, 109:1-13,20; 26-27

- More than **20 Psalms** focus on overthrowing the wicked.
- Children's songs are correct!
- **“Not for private injuries, but for the insults and hurts inflicted upon righteousness.”**
- The enemies cursed are men who **break every moral law and defy God.**
- The Psalmist identifies himself with **God's cause** (139:21-23).



## #7. FUTURE LIFE IN THE PSALMS.

- Job: “If a man die, shall he live again” (Job 14:14)?
- Didn't have John 14 or Rev 21-22.
- Sheol = “death or place of departed spirits.”
- Ps 16:8-11 prayer . . .
- Ps 73:25-28 prayer . . .

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## #8. THE MESSIAH IN PSALMS.

- The suffering Savior - Ps 22:1 “My God, my God, why?”
- Ps 31:1-5 “Into thy hands I commit my spirit.”
- Ps 69:21 “I thirst.”

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## #8. THE MESSIAH IN PSALMS.

- The conquering King
  - Ps 2:2 - Acts 4:25-26
  - Ps 2:8, 10-12
  - Ps 110: 8 “Priest after the order of Melchizedek.”

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## #8. THE MESSIAH IN PSALMS.

- The growing Kingdom!
  - Ps 47, 67, 96-100, 117 -- “All nations.”
  - Ps 47: 7-9 Prayer
  - Ps 67: Bugle call to all nations to unite in worship of the true God. 67:1-4, 7 Prayer

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## SUMMARY:

- *Psalms are “heavenly music suited to every man’s experience.”*
- *Let David lead your mind.*
- *Keep handout in your Bible for future reference.*

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