

Love is Not Easily Angered (Part 2)

How do you tame your anger?

INTERACTIVE OUTLINE

Sunday Morning: 10:30 a.m. Scripture Reading: I Cor 13:5

Speaker: Brent Hunter November 4, 2018

Introduction:

- A. **A** is the most *misunderstood* and *misapplied* emotion.
- B. Anger is not always a sin, and sometimes it is appropriate.
- C. The problem is how it is *expressed*.

IV RELEASE YOUR ANGER APPROPRIATELY!

- A. "In your anger do not **s**_____" (Eph 4:26).
- B. Aggression only produces more aggression.
- C. "A *gentle* answer turns away wrath, but a harsh word stirs up anger" (Prov 15:1).
- D. Confess your anger to self, to God, and admit the root cause of your anger.

II. RE-PATTERN YOUR MIND.

- A. Recognize your response is a **l**_____ response.
- B. "Be not conformed to this world but be ye *transformed* by the *renewing of your mind*" (Rom 12:1-2).
- C. Change the way you **t** _____, and you will change the way you live.
- D. To break bad anger habits you need *mental reconditioning*.
- E. "Make no friendships with a man given to anger, lest you learn his ways and entangle yourself in a share (Prov 22:24-25).
- F. "Husbands love your wives, and do not treat them harshly" (Col 3:19).

III. RELY UPON GOD.

- A. "Patience and encouragment comes from God" (Rom 15:5).
- B. If you are filled with the fruit of the spirit you will not be easily angered (Gal 5:22, I Cor 13:5).
- C. "Out of the abundance of the heart, the mouth speaks" (Lk 6:45).
- D. "Create in me a clean **h_____**, O God (Ps 51:10).

Conclusion:

If you need prayers, send the elders or Brent a note and we will pray for you.

MY NOTES

scrambled answers learned Anger heart think sin