

Understanding Love Languages



How to communicate love effectively

Three Types:



Romantic Love

Not something *we choose*, just *happens*.

Love as an “Attitude.”

- Jn 3:16 “God so *loved*...”
- We choose this kind of love.
 - Matt 5:44-45 “love your enemies and pray for those who persecute you.”



Divine Agape Love . . .
An Act of the Will

“Let the older women admonish the young women to love their husbands, to love their children . . .” (Titus 2: 4-5).



Love as an *Emotional Need*
Requires insight and wisdom

We all say love differently!

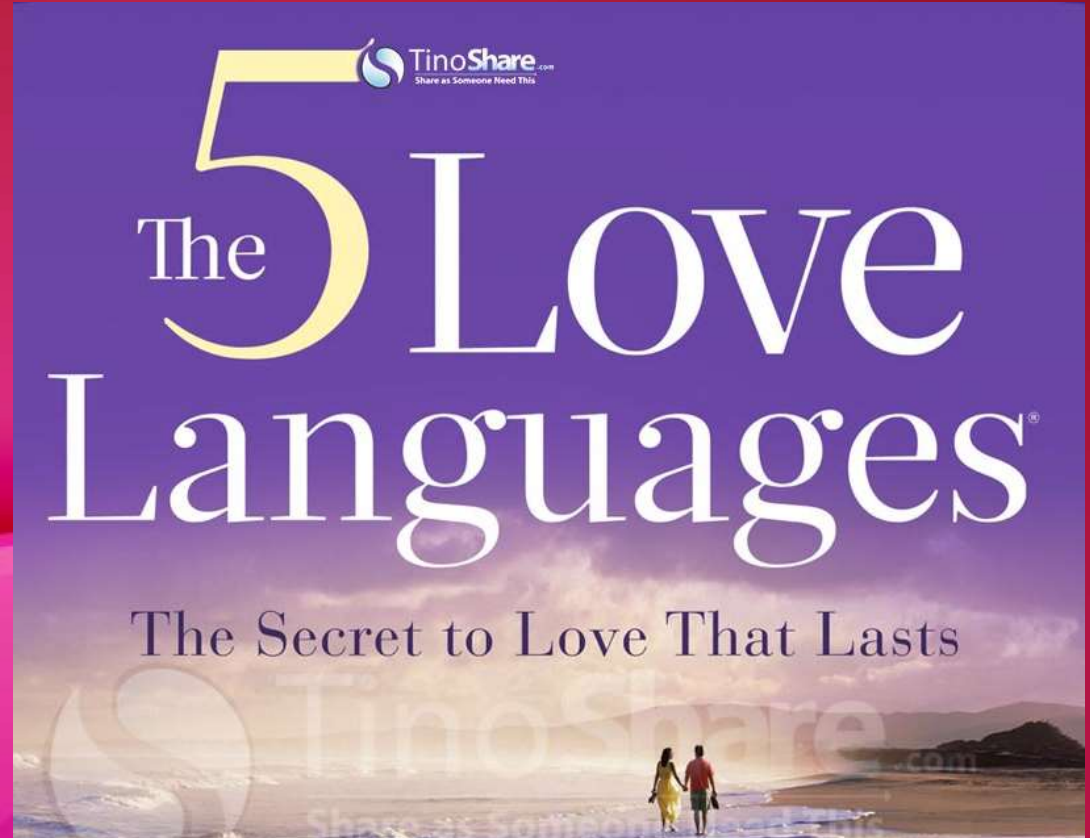


Love as an *Emotional Need*
Requires insight and wisdom

Profound Concept



Dr Gary Chapman



Love as an *Emotional Need*
Requires insight and wisdom

Entire Family



Love as an *Emotional Need*
Requires insight and wisdom

Concept is Cross Cultural



Love as an *Emotional Need*
Requires insight and wisdom

Applies to our Church Family



Love as an *Emotional Need*
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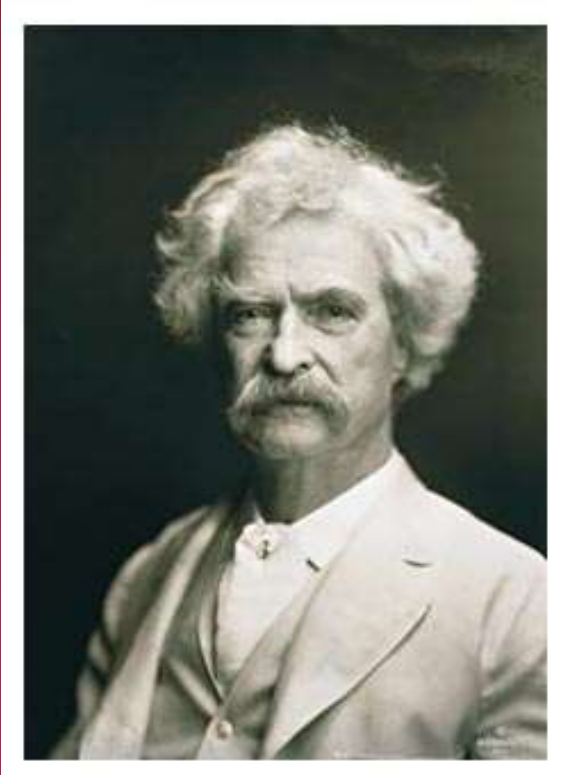
Thesis:

- The Five Love Languages
- Principles how to use them
- Spiritual application



Understanding Love Languages

The Five Love Languages



Mark Twain: “I could live for a solid two weeks off of one really good compliment.”

Verbal Affirmation
Saying it with words

The Five Love Languages

- Must be *sincere and specific!*
- *1 Cor 8:1 “Love edifies!”*
- *Prov 25:11 “A word fitly spoken is like apples of gold in pictures of silver.”*



Verbal Affirmation
Saying it with words

The Five Love Languages

- *Our children need encouragement!*



Verbal Affirmation
Saying it with words

The Five Love Languages

- *Our children need encouragement!*
 - Look for the *good and build* on it
 - Brag on the *good qualities* of others in their presence.
 - Stress the *person* behind the *deed*.



Rick Taylor with
Maleigha & Jonah

Verbal Affirmation
Saying it with words

The Five Love Languages

- *How often do you say “I love you?”*



Verbal Affirmation

Saying it with words

The Five Love Languages



Receiving Gifts
Saying it with presents

The Five Love Languages

Key: Find out what the
other person likes ..
not what you like!



Receiving Gifts
Saying it with presents

The Five Love Languages

Key: Needs to be
thoughtful, not
necessarily expensive.



Receiving Gifts
Saying it with presents

The Five Love Languages

Key: Especially meaningful when the giver sacrifices in order to provide for the need of the recipient.



2 Cor 9:5

Receiving Gifts
Saying it with presents

The Five Love Languages

I John 3:18 “Love not in word, but in deed.”



Acts of Service
Saying it with deeds

The Five Love Languages

Key: Doing for the other person things they would like to have done.



Acts of Service
Saying it with deeds

The Five Love Languages

Key: Some show their love for others by doing things for them!



Acts of Service
Saying it with deeds

The Five Love Languages

Key: Sometimes you feel overwhelmed and appreciate the help.



Acts of Service
Saying it with deeds

The Five Love Languages



Spending Quality Time
Undivided Attention

The Five Love Languages

CS Lewis: “No time spent with a child is ever wasted.”



Spending Quality Time
Undivided Attention

The Five Love Languages



Jesus:

- Mk 3:14 “He ordained the twelve that they *should be with them*” (Mk 3:14).
- Inner circle of *Peter, James, and John*.
- A way to *express love and mold character*.

Spending Quality Time
Undivided Attention

The Five Love Languages

Jesus: Mark 10:13-16

- And they were bringing children to Him so that He might touch them .. And He took them in His arms and began blessing them, laying His hands on them.



Physical Touch
Meaningful Connections

The Five Love Languages

Three hugs a day keep the marriage counselor away.



Physical Touch
Meaningful Connections

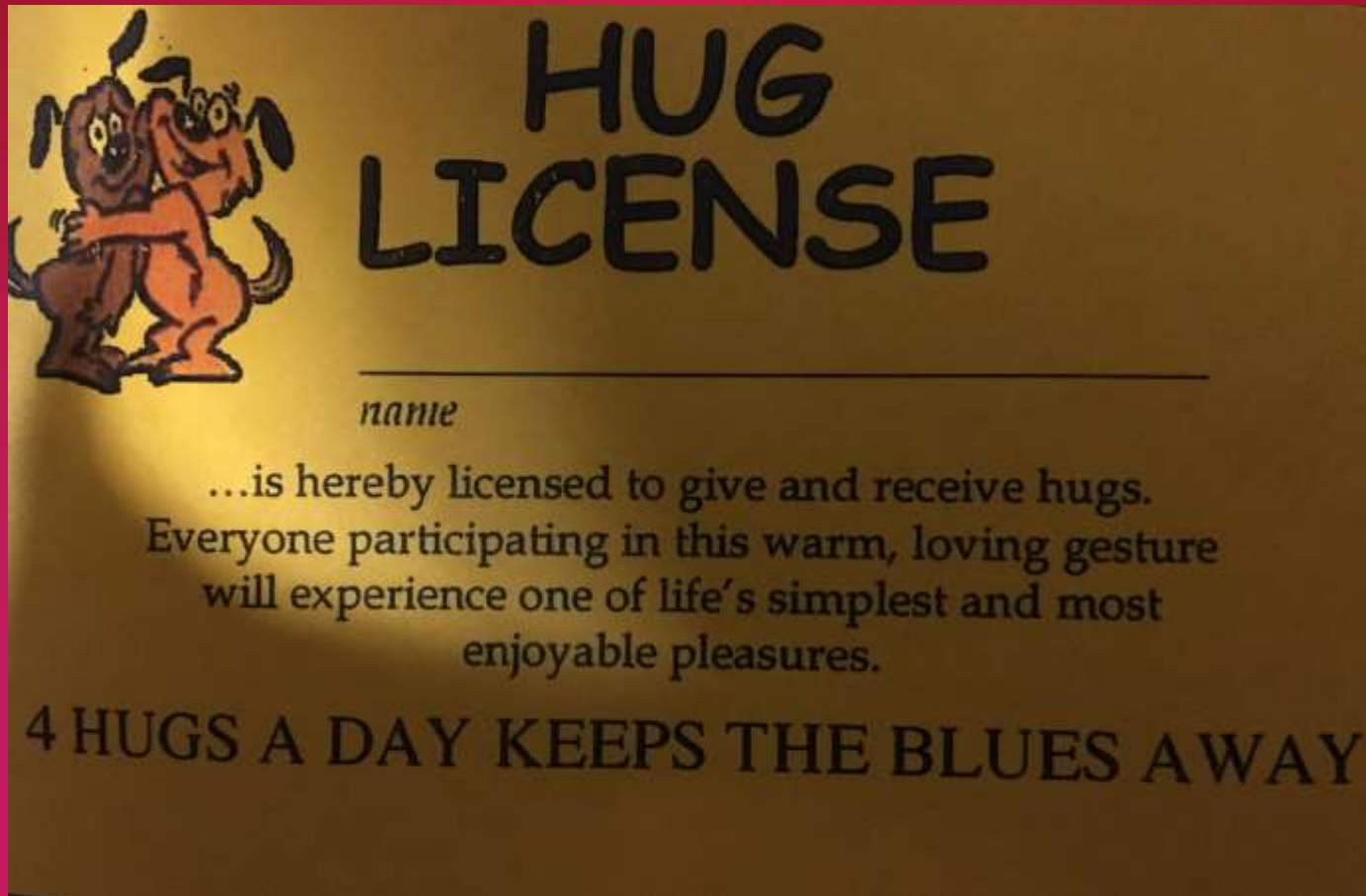
The Five Love Languages

If you need a hug and your loved ones are “clueless” give them permission by issuing them a “Hug License.”



Physical Touch
Meaningful Connections

The Five Love Languages



Physical Touch
Meaningful Connections

Principles on How to Use



Emotional Warmth Can be Reborn!
Meaningful Connections are reestablished

Principles on How to Use

The Key: Find the primary language

- Ask your spouse! Believe them!
- What if not sure?
 - What is the first thing you do when you want to express love?
 - What is the one thing that hurts you most deeply?
 - Take the questionnaires – five love languages & touch/verbal/task

Emotional Warmth Can be Reborn!
Meaningful Connections are reestablished

Principles on How to Use

- Do not abuse the *primary language*—
in fact build a shrine around it!



Emotional Warmth Can be Reborn!
Meaningful Connections are reestablished